



Gainesville ISD Physicals for 2025-2026

There will be **free physicals** for all students participating in Athletics, Cheerleading, Dance or High School Band/Colorguard. Completed physicals must be turned in to the Athletic Trainer prior to any participation.

All incoming 7th and 9th graders must get a physical dated after May 1, 2025.

The following procedure will be how we are conducting physicals this year.

1. Location of physicals: Gainesville High School Competition Gym

2. Date of physicals: **May 7th, 2025 from 1pm-4:30pm**

3. Buses: Buses will pick up intermediate students at 12:30pm and JH students at 1pm

4. In order to get a physical on May 7th:

- Must have Physical Exam Consent Form filled out, signed and turned in to Coach Thomas, Coach Bermudez, Coach Banks, or Brittney no later than May 2nd
- Must have Bus Permission Form filled out, signed and turned in to Coach Thomas, Coach Bermudez, Coach Banks, or Brittney no later than May 2nd
- Must have Medical History (front of the physical) filled out, **signed** and turned in to Coach Thomas, Coach Bermudez, Coach Banks, or Brittney no later than May 2nd.

5. If you wear prescription glasses or contacts, bring them with you to the physical.

6. If you do not plan to do the school physicals, you must have your physical by the first day of school/ or practice (whichever comes first), as well as any clearances needed.

If you have any questions, please contact:

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